

## Afternoon tea

### The origins of afternoon tea

One of the most delicious of British traditions, afternoon tea is the signature moment in The Garden Room at The Principal York.

Afternoon tea was introduced in England by Anna, the seventh Duchess of Bedford, in 1840, as a way of curbing her hunger mid-afternoon. The Duchess asked that a tray of tea, bread and butter, and cake be brought to her room every afternoon. Later she asked friends to join her, and this pause for tea became a fashionable social event.

### Our chefs

Head Pastry Chef Martyn Edmonds creates all of the beautiful cakes and pastries for The Garden Room, while Executive Chef Rhys Jackson oversees the sandwiches and the savoury course. With a passion for local, seasonal ingredients, together they prepare hundreds of afternoon teas every week.

### Afternoon treats

Cream tea	£7.50
Trio of mini scones with jam and clotted cream	
Savoury scones, chutney	£7.50
Ask a member of the team for today's flavours	
Cake of the day	£5.50
Selection of cakes and sweets	£13.50
Petits fours	£7.50

## Afternoon tea

Traditional afternoon tea £23.50

Homity pie

Yorkshire rarebit

Cauliflower velouté with parsnip crisps

Beef and horseradish mayonnaise sandwich

Swaledale and red onion chutney sandwich

Mini scones: plain, sultana, maple and pecan  
with jam and clotted cream

Chocolate and orange delice

Amaretto brûlée éclair

Lemon drizzle loaf

Bannoffee macaron

Rose and cardamom cheesecake

Yorkshire rhubarb mess

Champagne afternoon tea £30.50

Traditional afternoon tea with a glass of Champagne

Some dishes contain allergens or traces thereof: please speak to your waiter for further information.  
Prices include VAT at 20%. A discretionary 10% service charge, shared wholly between The Garden Room team, will be added to your bill.

## Afternoon tea

### The children of Applefields School

Our children's afternoon tea has been designed for children, by children.

To gain some inspiration for a new children's afternoon tea, Pastry Chef Martyn Edmonds asked the children of Applefields School – a special school for secondary-aged students who have a wide range of learning difficulties – to help him.

Martyn's brief was to be as 'colourful and imaginative as they could be', and the students didn't disappoint! They came back with lots of designs and Martyn picked his favourites to feature on the menu, alongside our home-made scones.

### Children's afternoon tea

£14.95

Tuna fish sandwich by Jessica

Strawberry jam heart sandwich by Jordan

Plain, fruit, and orange and chestnut scones  
with preserves and clotted cream

Mint chocolate top hat by Amelia

Chocolate chip handprint cookie by Bethany

Chocolate cupcake with a cherry on top by Joey

### Twilight Tea

Weekdays: £21.95

Served between 5-8pm

Weekends: £25

An evening alternative to traditional afternoon tea.

Our Twilight Tea includes two finger sandwiches, home-made scones with jam and clotted cream, dainty cakes and pastries.

Served with a Bramble cocktail or Virgin Blueberry Mojito.

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