

# THE at THE ROYAL HORSEGUARDS LOUNGE

AFTERNOON TEA



## A short history of Afternoon Tea

During the early nineteenth century Anna, the 7th Duchess of Bedford, complained of having “that sinking feeling” during the late afternoon, as at that time it was usual for people to take only two main meals a day.

The solution for the Duchess was found in a pot of tea and a light snack. This private event was soon shared with friends and became so popular that other social hostesses picked up on the idea. Before long, all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.

### **Monck’s 2nd Regiment (v) £11.50**

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**A classic cream tea of warm scones, preserves, clotted cream.  
Includes your choice of tea.**

### **The Duke of York’s (v) £16.50**

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**A sweet tea of homemade pastries, scones, preserves and clotted cream.  
Includes your choice of tea.**

### **Her Majesty’s Own Troop £25.00**

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**A light Champagne tea: glass of Taittinger Champagne, smoked salmon blinis, warm scones and fruit preserves. A pot of Royal Horseguards unique blend ‘Strawberries & Cream’ tea, with skewered chocolate drizzled strawberries.**

## The Royal Horseguards £39.00

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### **A traditional and contemporary selection of elegant finger sandwiches:**

*Comfed chicken and mayonnaise*

*Honey roast ham and mustard*

*London smoked salmon and dill crème fraîche*

*Hen egg mayo and watercress*

*Cucumber and Philadelphia cheese*

*(v) (gf) For gluten free and vegetarian options please ask your server.*

### **Delicious handmade cake and delicate pastries**

**Warm freshly baked fruit and plain scones, homemade fruit preserve and Cornish clotted cream**

### **Served with pot of loose leaf tea:**

*Strawberries & cream, Organic English Breakfast, Sapphire Earl Grey, Organic Lapsang Souchong, Oolong Fleur D'Orient, Organic Monteviot Darjeeling, Persian Pomegranate, Spicy Rooibos or Egyptian Mint*

### **Glass of Taittinger Champagne £10.00**

## Celebration Afternoon Tea £45.00

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**Our classic Royal Horseguards afternoon tea, served with a glass of Taittinger Champagne and a token birthday cake inscribed with your personal message\*.**

*\*Please note all celebration cake requests should be made 24 hours prior to date of booking.*

## Fine Loose Leaf Teas

We have selected a range of teas that we hope will delight you. These teas have been carefully chosen from some of the finest estates in the world and all have been ethically sourced for your additional enjoyment.

**Pot of Tea £6.00**

**Supplement price for prestige teas £2.00\***

## Black Tea

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### **Horseguards Unique Blend**

*This unique signature blend is simply divine. A blend of black leaf teas which is light in flavours with subtle strawberry and cream notes. Best enjoyed black without milk, at any time of the day.*

### **English Breakfast**

*English breakfast can be enjoyed with or without milk, sweetened or unsweetened - the choice is yours. English breakfast tea is a rich and satisfying robust tea, traditionally blended with Kenyan and Assam black teas.*

### **Organic Darjeeling**

*India's finest tea, grown on the slopes of the Himalayas, is often referred to as the Champagne of Teas. The exceptional character and exquisite bouquet of rare Darjeeling tea will delight any palate.*

### **Sapphire Earl Grey**

*Bergamot and whole blue Malva flowers add an innovative twist to the traditional Earl Grey.*

### **Spiced Chai**

*This Ceylon blend complimented by the pungent aroma of exotic spices such as crushed cinnamon sticks, whole cloves and green cardamom, producing a chai that excites the senses without overwhelming the palate.*

### **Decaffeinated Ceylon\***

*Grown in the mountains of Sri Lanka, Kenilworth is famous for its rich, full bodied flavour. To ensure the award winning flavour remains intact, the tea is naturally decaffeinated.*

## White Tea

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### **Pai Mu Tan\***

*Picked in the early morning mist just two mornings a year, white tea is truly one of China's rarest and most famous teas.*

### **Fortune Ball\***

*This flowering tea comes to us from the Anhui Province in China. With luxury green tea, amaranth, and jasmine, this tea delivers a wonderful cup that's sure to please your eyes as well as your taste buds!*

## Green Tea

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### **Jasmine**

*A floral, aromatic Chinese green tea delicately scented with Jasmine petals.*

### **Dragonwell Green\***

*Lung Ching green tea is one of the most renowned green teas in the world. This tender, top grade, full leaf green tea offers a smooth, subtle flavour with a hint of apricot and nut. Its sweet taste means there is no bitterness, a sign of exceptional quality.*

## Herbal and Fruit Infusions

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### **Egyptian Mint**

*Egyptian Mint is a hearty caffeine free peppermint tea characterised as refreshing, cooling and flavourful. Well rounded with no bitter aftertaste, Egyptian Mint is perfect for cleansing the palate and re-energising the body after a meal.*

### **Citrus Camomile**

*Novus Citrus features hand sorted whole Chamomiles, of the highest quality, blended with the equally soothing and stress relieving properties of lemongrass. Colourful flower petals including calendula, malva and rose flowers add to the pleasant appeal of this blend providing a fresh, aromatic cup with typical Chamomile fragrance.*

### **Wild Encounter**

*Wild Encounter is a truly unique caffeine free blend of hibiscus flowers and exotic dried fruits that produces a sweet tart fruit infusion to die for. Containing no less than eleven different ingredients; Hibiscus flowers, apple, rosehips, elderberries, strawberries, kiwi, passion fruit, raspberries and more...*

### **Persian Pomegranite**

*Capturing the unique flavour of one of the world's oldest fruits, Persian Pomegranate delivers a succulent herbal brew. This fruit has exceptionally high levels of polyphenols-antioxidants.*

## Coffee

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### **Espresso £4.00**

*A small, strong black coffee.*

### **Double Espresso £5.50**

*A double shot of strong black coffee.*

### **Espresso Macchiato £4.00**

*This is a simple variation of the standard espresso, with an added dollop of tight foamed milk on the top.*

### **Cappuccino £5.00**

*The cappuccino is a combination of steamed and foamed milk with the delicate taste characteristics of the espresso cutting through.*

### **Latte £5.00**

*The latte is a delicately structured combination of a full bodied espresso, steamed milk and finished with silky foamed milk.*

### **Americano £5.00**

*A smooth, powerful coffee which lingers on the palate.*

### **Extra shot £1.50**

## Hot Chocolate

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### **Classic Hot Chocolate £5.00**

*The Classic Hot Chocolate made with steamed milk.*

### **Indulgent Hot Chocolate £6.50**

*An indulgent hot chocolate with whipped cream, chocolate stick and marshmallows.*

## Cold drinks

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### **Soda or Tonic Water £3.00**

### **Coca-Cola or Diet Coca-Cola £4.00**

### **Mineral Water (Still or Sparkling) 330ml £4.00**

### **Fruit Juice £5.00**

*Freshly squeezed orange, cranberry, apple, grapefruit or tomato juice.*

## Liqueurs

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**Coffee or hot chocolate with a shot of liqueur £10.50**

*Baileys, Irish Whiskey, Kahlua, Grand Marnier, Amaretto, Cognac*

## Sparkling & Champagne

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	<i>125ml glass</i>	<i>Bottle</i>
<b>Gancia Prosecco Superiore Valdobbiadene - Italy</b>	<b>£8.00</b>	<b>£38.00</b>
<b>Pongrácz Brut - South Africa</b>	<b>£9.00</b>	<b>£40.00</b>
<b>Pongrácz Rosé - South Africa</b>	<b>£9.00</b>	<b>£43.00</b>
<b>Chapel Down Brut - England</b>	<b>£10.00</b>	<b>£50.00</b>
<b>Taittinger Brut Réserve - France</b>	<b>£13.00</b>	<b>£65.00</b>
<b>Taittinger Prestige Brut Rosé - France</b>	<b>£14.00</b>	<b>£70.00</b>
<b>Taittinger Nocturne Sec - France</b>	<b>£15.00</b>	<b>£80.00</b>
<b>Veuve Clicquot Yellow Label Brut - France</b>		<b>£89.00</b>
<b>Bollinger Special Cuvée Brut - France</b>		<b>£95.00</b>
<b>Laurent-Perrier Cuvée Rosé Brut - France</b>		<b>£110.00</b>
<b>Ruinart Blanc de Blanc - France</b>		<b>£120.00</b>
<b>Bollinger Rosé - France</b>		<b>£130.00</b>
<b>Taittinger Comtes de Champagne, Blanc de Blancs Brut 2005 - France</b>		<b>£185.00</b>
<b>Dom Pérignon Brut 2006 - France</b>		<b>£195.00</b>
<b>Krug Grande Cuvée Brut - France</b>		<b>£220.00</b>
<b>Louis Roederer Cristal Brut 2007 - France</b>		<b>£245.00</b>

#### FOOD ALLERGIES AND INTOLERANCES

(V) is suitable for vegetarians. If you suffer from an allergy or food intolerance please let us know before ordering, so we can advise you. If you would like further guidance an information pack is available in the restaurant from your host, listing the allergenic ingredients used in our menu. Please note that our kitchen and food service areas are not a nut free or allergen free environment. All weights are approximate before cooking. All prices are inclusive of VAT at the current rate. A discretionary 12.5% service charge will be added to your bill.