

# Mews OF MAYFAIR

## A GREAT BRITISH TRADITION

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of “having that sinking feeling” during the late afternoon.

At the time it was usual for people to take only two main meals a day, breakfast and dinner at around 8 o'clock in the evening.

The solution for the Duchess was a pot of tea and a light snack, taken privately in her dressing room during the afternoon.



Served Wednesday - Friday 2pm to 5pm  
Weekends 12 Noon - 5pm

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# MEWS TEA SELECTION

## BLACK TEAS

**Rare Earl Grey**  
**Satemwa Estate, Malawi and Reggio Calabria-Italy.**

Rare Earl Grey is the culmination of many years of blending to create the ultimate expression of a British classic.

A rich, complex black tea delicately enhanced with purest bergamot oil from Calabria in southern Italy. Wonderfully bright, it can be enjoyed with milk or a twist of lemon zest and is a sublime Afternoon Tea.

**Lost Malawi**  
**English Breakfast**  
**Satemwa Estate,**  
**Shire Highlands, Malawi.**

Hand-crafted black tea from a small, independent estate in the Shire Highlands. Deep and rich, it has notes of caramel and burnt sugar. Delicious black, becoming sweet and chocolaty with the addition of milk.

**Second Flush**  
**Muscatel Darjeeling**  
**Makaibari Estate, Darjeeling, India.**

This highly fragrant black tea is picked in the foothills of the Himalayas on one of the oldest and most beautiful estates in Darjeeling. This tea has a heady, floral aroma with soft notes of muscatel grapes and a rich malty finish. Best enjoyed without milk.

**Vanilla**  
**Wuyi Mountains, Fujian Province, China and Madagascar.**

This bright infusion combines a delicate black China tea scented with Madagascan vanilla pods.

## GREEN TEAS

**China Green**  
**Whole Leaf**  
**Fuding, Fujian Province, China**

An exquisite Chinese green tea that is meticulously hand-crafted. The leaves are fired in a wok over charcoal in the same way and in the same place they have been made for over 3000 years. Clean, bright and remarkably delicate.

**Silver Tip Jasmine**  
**Fuding, Fujian Province, China.**

The finest white silver tips scented with fresh jasmine flowers. This tea is not flavoured and contains no additives. Delicate silver tips absorb the scent of fresh jasmine flowers over six consecutive nights. Once the preserve of Emperors this is simply the finest jasmine tea available anywhere. A deep and heady aroma with a light and gentle flavour.

## HERBAL TEAS

**English Peppermint**  
**Tregothnan Estate, Cornwall, UK.**

A rare English peppermint grown in Cornwall in the private botanical garden of the Tregothnan Estate, established in 1335. Counter-intuitively, the menthol oils infuse more easily from the dried leaf, giving a brighter, cleaner flavour than fresh mint.

**Whole Chamomile Flowers**  
**Nile Valley, Egypt.**

These delicate flowers are carefully dried and kept intact for a sweet and soft flavor. Clean and subtle, these flowers are also wonderfully calming and, of course, caffeine free.

**Sri Lankan Lemongrass**  
**Amba Estate, Ravanna Falls.**

This uniquely complex and full-bodied lemongrass is grown in a remote mountain tea garden above the Ravanna Falls, Sri Lanka. A rich and exceptionally bright herbal infusion with grassy notes of cut hay and lemon drops.

**Wild Rooibos**  
**Cederberg Mountains,**  
**South Africa**

Beyond organic, this Rooibos is harvested completely wild in its indigenous habitat in the Cederberg Mountains. A richly delicious infusion with deep earthy notes, bright red berries and cedar. Can be beautifully enhanced by the addition of honey or maple syrup and a twist of lemon zest.

**Fresh Mint Tea**

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## AFTERNOON TEA

### Edible Delights

Lemon & Lavender Cupcake

Citrus & Olive Oil Cake

Camomile Cream Tart

Earl Grey Shortbread

Plain & Fruit Scones

Strawberry Jam & Clotted Cream

Coronation Chicken

Prawn Cocktail, Marie Rose Sauce

Pulled Short Rib, Pickled Red Onion

Smoked Salmon & Cream Cheese

Whipped Ricotta & Pickled Cucumber

(all served on brioche bun)

**40 / person**

Include a glass of Veuve Clicquot Yellow Label Brut, NV

**50 / person**

### Additional Delights by the glass

Veuve Clicquot Rich Champagne (served with fresh berrries) **20**

Veuve Clicquot Rose Champagne **20**

Veuve Clicquot Brut NV **18**

Veuve Clicquot Extra Brut Extra Old Champagne **28**

Pink Punch **22.5**

Pink Pomegranate Fizz **21**

The Rose **21**



*All prices are inclusive of VAT.  
A discretionary 12.5% Service Charge will be added to your bill.*