

1 COURSE LUNCH 6.99

2 COURSES 9.99 | 3 COURSES 12.99

Available Monday to Friday 12 - 5pm

STARTERS

Dough Balls **VG**

Fresh from the oven, with a garlic & herb dip

Mozzarella Sticks **V**

Crispy sticks of melting mozzarella, with Neapolitan tomato sauce. Cheesy does it

Fully Loaded Potato Skins

Crispy potato skins filled to the brim
*Choose from Cheese & chive **V** / Bacon, cheese & chive*

Vegan Loaded Skins **New VG**

Fully loaded with vegetables, tomato sauce and vegan cheese alternative and served with a vegan mayo

Garlic Pizza Bread **VG**

Baked and loaded with herbs

Southern Fried Chicken

Tender chicken strips with a BBQ sauce dip

Mushroom Bruschetta **V**

Toasted ciabatta topped with creamy garlic mushrooms, onion and mushroom sauce, finished with cheese and fresh herbs

Mozzarella & Tomato Salad

New FeelGood V

Torn mozzarella, cherry tomatoes and rocket tumbled in basil pesto and finished with a sweet Italian balsamic glaze



Mozzarella & Tomato Salad

The BIG gulp

Unlimited refills for 2.99 on regular sodas

MAINS

Pizza & Pasta

Margherita Pizza **V**

10" tomato and mozzarella. Nice and simple

Pepperoni Pizza

10" pepperoni and mozzarella
Go hotter with green chillies (on us)

Skinny Veggie Pizza **FeelGood V**

Red onion, red peppers, mushrooms, olives, green chillies, mozzarella and rocket

Spaghetti Bolognese

Rich beef Bolognese sauce over spaghetti. Classic!

Chicken & Mushroom Penne

Tender chicken breast in a creamy white wine and mushroom sauce, tossed with penne

Spaghetti Carbonara

Spaghetti tossed in cheese sauce with crispy bacon

Ultimate Mac 'N' Cheese **V**

Macaroni cheese topped with a cheesy crumb. The ultimate comfort food

Classic Beef Lasagne **FeelGood**

Just like Mamma used to make



Pepperoni Pizza

FeelGood A lighter option, with starters under 400 calories, mains under 650 calories, and desserts under 350 calories

V Vegetarian

VG Vegan

Burgers & Favourites All served with fries

Classic Cheese Burger

6oz* burger with mayo, garnish and Monterey Jack cheese

The House Special Burger

6oz* burger with our signature burger sauce, fried onions and gherkin

Classic Hot Dog

American style 6" pork Bockwurst in a soft bun with ketchup and mustard

Classic Chicken Burger

Simply the breast, with mayo

Fish & Chips

Prime fillet of cod† in golden batter, served with fries, peas and tartar sauce

Viva la Vegan Burger **VG**

Vegan 1/4 pounder, lettuce, tomato, red onions, gherkin and vegan burger sauce



Add Onion Rings for 1.79 **V**

BIG-UP YOUR FRIES

Upgrade for 50p

Sweet potato fries **VG**

Upgrade for 2.99

Cajun Cheese Fries **V**
Bacon & Cheese Fries

Chilli Cheese Fries
Vegan Cheese Fries **New VG**

Wraps & Salads

Nashville Chicken **FeelGood**

Chicken breast marinated in Nashville Hot sauce with salad and sour cream

Cajun Chicken Wrap

Golden fried chicken with lettuce, red onion, cheese, rocket and Cajun mayo. Served with fries and 'slaw

Goat's Cheese & Avocado Wrap **V**

With red peppers, rocket, lettuce and balsamic glaze. Served with fries and 'slaw

BBQ Cheese Chicken Wrap

With cheddar cheese, red onion and lettuce. Served with fries and 'slaw

Capra Salad **New VG**

Tangy goat's cheese with sweet Peppadew® peppers, tomatoes, croutons and mixed leaves, in a creamy buttermilk ranch dressing

BBQ Steak Wrap

Juicy sliced rump steak with BBQ sauce, cheese, red onion and lettuce. Served with fries and 'slaw

Mediterranean Salad **FeelGood VG**

Couscous, bulgar wheat, black lentils, butternut squash, green beans, broccoli and spring onion with a vinaigrette dressing

DESSERTS

Ice Cream **FeelGood V**

Two scoops of your favourite flavour
Choose from Vanilla | Strawberry | Chocolate | Brownies & Cream | Vegan Choc-Chip **VG**

Straight Up Waffle **V**

Cinnamon sugar and caramel crunch, served with maple syrup. Freshly baked in-house

Fruit Salad **FeelGood V**

With natural yoghurt

Sorbet **FeelGood VG**

Two scoops of your favourite flavour
Choose from Lemon | Mango

Brownies & Ice Cream **V**

Warm chocolate brownies served with whipped cream, vanilla ice cream and chocolate sauce

