

Main Menu

Starters

- Marinated Olives (v)** £ 3.45
In aromatic herbs with lemon, orange & garlic
- Rustic Bread Selection (for two)** £ 4.25
Freshly baked & served with chimichurri butter
- Padrón Peppers (v/vg)** £ 4.95
Chargrilled served with Malbec salt
- Empanadas** £ 6.75
Argentina's traditional filled savoury made to our recipe
We serve two per portion from the following:
Beef, Ham & Cheese; Creamy Spinach (v); Creamed Corn 'Humita' (v)
- Chorizo Sausage Criollo** £ 4.95
Grilled sausage served with salsa criolla & salad leaves
- Chorizo al Malbec** £ 6.50
Spanish red chorizo cooked in Malbec wine with caramelised onions & crostini toast
- Provoleta Argentina (v)** £ 5.95
Typical Argentine starter of melted provolone cheese served with tomato & oregano
- Patatas Bravas (v)** £ 4.25
Crispy potatoes with a spicy tomato & garlic sauce
- Aubergine Escalope with Goat's Cheese (v)** £ 5.95
With slow cooked tomato & melted goat's cheese
- Calamari Fritti** £ 7.25
Crispy squid served with lemon & garlic mayonnaise
- Gambas** £ 8.50
King prawns pan fried with white wine, lemon & garlic

Burgers

All our burgers are served with steakhouse Jies or a mixed green salad

- Primavera (mozzarella cheese +£1)** £10.50
Red onions, tomato & mayonnaise
- Provoleta & Portobello mushroom** £10.75
Melted provoleta, red onions & tomato
- Buenos Aires Burger** £12.95
Crispy bacon, fried egg, mozzarella cheese & red onions
- Plant-based 'Beyond Meat' Burger (v/vg)** £14.95
Lettuce, tomato & red onions

Salads

- Steakhouse mixed leaf salad (v)** £ 4.50
Mixed green & red leaves, tomatoes, cucumber & red onions
- Blue Cheese, Red Onion & Tomato Salad (v)** £ 5.50
- Roasted Pepper & Goat's Cheese Salad (v)** £ 8.95
Red & green roasted peppers, mixed leaves, sun dried tomatoes, goat's cheese & portobello mushrooms served with crostini
- Buenos Aires Chicken 'The Pampas Salad'** £10.50
Chicken breast, avocado, tomatoes, crispy bacon, mixed leaves & parmesan shavings
- Tenderstem Broccoli, Courgette & Cannellini Bean Salad (vg)** £10.50
With pea shoots, omega seeds & dairy free pesto dressing
- Argentine Steak Salad 'The Gaucho'** £12.95
Medium-rare sliced Argentine steak, crisp salad leaves, tomatoes & mushrooms

Side Orders

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|-----------------------------|-------------------------------------|
| £ 2.25 | £ 3.95 |
| 2 Fried Eggs | Sweet Potato Fries |
| | Creamed Spinach |
| £ 3.50 | Green Beans |
| Steakhouse Fries | Tenderstem Chilli Broccoli |
| Chunky Chips | £ 4.25 |
| Creamy Mashed Potato | Sautéed Portobello Mushrooms |
| Grilled Potatoes | with garlic |
| with chimichurri butter | Marinated Red Peppers |
| Grilled Tomatoes | Creamed Corn "Humita" |
| with herbs | |

Please inform the duty manager in the event that you have any special dietary requirements or if you are sensitive or allergic to any of our ingredients. Allergen information is available in the restaurant.

Argentine Chargrilled Steaks

We aim to serve you the finest Argentine steak, cut to order & cooked exactly the way you want it. All our steaks are served with a choice of steakhouse fries, mashed potato or mixed green salad.

8oz (220gm) 9oz (250gm) 11oz (310gm)



Cuadril
Heart of Rump

£14.50

£16.50

£19.95



Chorizo
Sirloin

£17.50

£20.50

£24.50



Ancho
Rib-Eye

£17.95

£20.95

£24.95



Lomo
Fillet / Tenderloin

£25.95

£29.95

£35.95

Argentine Chateaubriand

16oz (450 grams)

£49.95

Should you wish a larger steak than 310gram we price each additional 50 grams (2oz) as follows

Rump £ 3.75 / Sirloin £ 3.95 / Rib-Eye £ 4.25 / Fillet £ 5.75

**Sauces all £ 1.95 each - Peppercorn / Mushroom
Blue Cheese / Malbec / Chimichurri**

Main Courses & Chargrilled Specials

Chargrilled Spatchcock Half Chicken £13.95

Corn fed chicken with lemon & herb marinade & fries provençal

Lamb Chops with Rosemary Grilled Potatoes £14.95

Argentine Spiral-Cut Rib-Eye £28.95

14oz (400 gram) with provençal sauce & grilled potatoes

Churrasco de Lomo £37.50

12oz (340 gram) of Argentine fillet steak marinated for up to 48 hours in a churrasco sauce with steakhouse fries

Tagliatelle al Funghi (v) £12.50

With creamed field & portobello mushrooms with parsley

Chicken Milanese £13.50

Breaded chicken breast milanese with creamy mashed potato

Roasted Belly of Pork £14.25

Slowly roasted for 5 hours in a home-made BBQ sauce, served with sweet potato fries

Steak Milanese Napolitana £15.50

Invented in Buenos Aires the breaded beef is topped with a tomato & herb sauce & melted mozzarella cheese

Pan-Fried Fillet of Stonebass £16.50

Served simply with a pesto dressing & your choice of potatoes

King Prawn Tagliatelle £16.50

With cherry tomatoes, lemon, garlic & herbs

Sharing Options (min 2 persons or more)

The Buenos Aires 'Steak' Sampler

The samplers are served with a choice of steakhouse fries, mashed potato or mixed green salad

85 grams per person of each of our four steak cuts £25.95

Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet) per person

100 grams per person of each of our four steak cuts £29.50

Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet) per person

Buenasado Argentina 'Grill on the Board' £24.95 per person

Chorizo sausage, chicken skewers, padrón peppers, provoleta Argentina, vegetable skewers, marinated lamb chops, 6oz Rump steak & 6oz Sirloin steak.

The Asado listed is for two persons and will be increased for 3 or more persons.

If you have any comments or suggestions please tell the manager or visit us at www.barestaurant.com - www.buenasado.com
A discretionary service charge of 10% is added to your bill. All prices include VAT at the current applicable rate.