

LAURA ASHLEY

THE TEA ROOM



VEGAN MENU

## Vegan Afternoon Tea

£22.50 per person

### SELECTION OF SANDWICHES

- Lebanese hummus, heritage beetroot
- Cucumber, fresh dill
- Hass avocado, red bell peppers
- Vegan Gouda cheese, chutney
- Tomato, shallot chutney

### HOMEMADE VEGAN SCONES

Served with whipped coconut cream and preserves

### ASSORTMENT OF TANTALISING VEGAN AFTERNOON TEA PASTRIES

Served with your choice of a pot of tea or a coffee

## Tea Selection

### English Breakfast

A deliciously strong breakfast tea bursting with flavour. It is sourced exclusively from estates across East Africa, from Rwanda through to the Great Rift Valley in Kenya, where the very best teas are to be found.

### Earl Grey

A scented pure origin tea, sourced from the finest tea gardens in Rwanda. In this region, the tea bushes grow slowly, at the high altitude and relatively low temperatures, developing greater flavour before they are individually picked. Blended with a traditional bergamot oil to give a distinctive flavour of citrus, with spicy floral notes.

### Darjeeling

An exquisitely delicate orthodox tea that showcases the distinctive muscatel character of one of the world's most famous teas. A golden coloured infusion that releases the pronounced, rich flavour and floral aroma with muscat grape notes that makes this tea so prized.

### Peppermint

A classic herbal tea made from only the finest pure peppermint leaves. A deep amber infusion, vibrant, awakening aroma and cool, minty taste.

### Chai

Birchall Virunga Chai is a powerful interpretation of a classic Indian tea. It infuses the brightness and vitality of an African black tea, with an eclectic blend of herbs and spices. We have expertly matched our exceptional broken black tea with subtle sweet spices of cinnamon and cardamom and the warming flavours of ginger and red rooibos from South Africa.

### Green Tea

Birchall Green Tea is a pure green tea sourced from China where the very best of teas of this variety are to be found. For centuries these teas have been revered across the Far East for their therapeutic properties. They are a rich, natural source of anti-oxidants, which are known to cleanse, detoxify and restore the natural balance.

### Red Bush

A classic red rooibos tea made from the soft needle-like leaves of the wild South African plant, *Aspalathus linearis*. Our pure origin redbush produces a gently hydrating infusion that is rich in anti-oxidants and naturally caffeine free, making it a light and healthy way to lift your day.

### Red Berry & Hibiscus Flower

A luxuriously smooth blend of sweet red berries and refreshing hibiscus combine to give a deep, rich ruby-red liquor, lush, candied aroma and intense, fruity flavour.

### COFFEE

£3.25

Superior Arabica blend 75% Arabica, 25% Robusta  
Served as Espresso, Americano, Cappuccino or Latte.

Decaffeinated coffee available.

A full selection of soft drinks available on request