

# Las Iguanas Sample Menu

## While you choose:

*Bread board £4.50*

*Sliced ciabatta, jalapeño buttermilk cornbread & pão de queijo with dunking chipotle butter, olive oil & balsamic.*

*Totopos £2.95*

*Spice-dusted corn chips with roasted tomato salsa.*

*Holy guacamole £4.50*

*Make your own & season as you choose, with spice-dusted corn chips.*

*Pão de queijo 3.25*

*Brazilian cheese dough balls with chipotle butter.*

*Peruvian botija olives £1.95*

*In a herby marinade.*

*Habas y kikos £2.50*

*Spicy fried corn kernels & broad beans.*

**Taco planks: one £8.50, two £13.50**

*Grilled soft corn & flour tortillas topped with your choice of filling & our fresh taco slaw. If you're having one plank, choose one topping; for two planks, choose two:*

*Havana Club & jerk BBQ pork, pink pickled onions, crispy onion & chilli*

*Garlic & chilli prawns, crushed avocado & lime aioli*

*Chipotle beef, soured cream, pink pickled onions, crispy*

*onion & chilli*

*Chipotle chicken, guacamole, pink pickled onions, lime & coriander*

*Coconut squash, soured cream, pink pickled onions, crispy onion & chilli*

*Beetroot & halloumi, pink pickled onions & roquito peppers*

**Tapas & starters:**

*Tapas time: share 3 dishes for £16.95 or 5 dishes for £26.95*

*Tapas time available until 7 pm every day & all day Sunday & Monday.*

*(\*Nacho toppings & \*\*gambas extra). Tapas time doesn't include taco planks.*

*Nachos £7.95*

*Corn tortilla chips with melted cheese, topped with pico de gallo salsa, jalapeños, roasted tomato salsa, soured cream & guacamole.*

*Shredded chipotle beef / smoked chipotle chicken / chilli con carne / refried black beans / Havana Club & jerk BBQ pork \*add a topping: £2*

*Havana Club & jerk BBQ glazed pork ribs £6.50  
Fall off the bone individual pork ribs covered in a sticky rum glaze, topped with crispy onion & chilli.*

*Gambas £7.75*

*Butterflied shell-on prawns cooked in a garlic, lemon & chilli sauce, served with ciabatta. \*\*add 90p to include in tapas time*

*Calamares £6.75*

*Deep-fried squid in crisp cayenne & cassava crumb with aioli.*

*Bolinhos de caranguejo £6.75*

*Crab, prawn & potato crispy croquettes served with a zingy lime aioli.*

*Dadinhos £5.95*

*Our take on a Brazilian favourite, crispy cheesy cubes served with sticky chilli jam.*

*Empanadas*

*Two filled crispy pasties. Choose from:*

*Tender lamb braised in mint, tomato & chipotle, with spicy cranberry salsa £6.75*

*Brie & mango with sticky chilli jam £5.95*

*Pato taquito £6.50*

*Roast duck & caramelised onion rolled in a char-grilled flour tortilla, with spicy cranberry salsa.*

*Fiesta ensalada £5.50*

*Roasted butternut squash, mixed leaves, carrot, cucumber, pink pickled onions, oven-dried tomatoes & fresh avocado, tossed in a poppy seed dressing. Topped with toasted pumpkin seeds, charred corn & roquito peppers.*

*Chicken wings £6.50*

*Spicy & sauced-up with your choice:*

*Honey peri-peri / spicy BBQ jerk / vivo; flaming hot habanero*

*Quesadilla*

*Tortilla, filled, folded, pan-toasted & served with roasted tomato salsa. Choose:*

*Garlicky mushroom, chilli, thyme & cheese £5.95*

*Spicy chicken, peppers, onion & cheese £5.95*

*Albondigas £6.50*

*Patagonian-style lamb meatballs with apple, mint, parmesan & a pinch of nutmeg. Braised in a rich tomato, mint & mild chilli sauce & served with ciabatta.*

**From the flames:**

*Blazing bird*

*Ask for half £13.95, whole £18.95*

*Our spicy chicken marinated with fiery sauce, served with slaw & a choice of fries or salad. Sauced-up with your choice:*

*Honey peri-peri / spicy BBQ jerk / vivo; flaming hot habanero*

*Havana Club & jerk BBQ pork ribs*

*Whole rack £18.75*

*Fall off the bone pork ribs covered in a sticky rum glaze, topped with crispy onion & chilli, served with slaw & a choice of fries or salad.*

*Sirloin steak £19.95*

*100z Sirloin steak served with chunky molho à campanha salsa & a choice of mixed sweet potato & cassava fries or salad & fresh herb chimichurri or chipotle butter.*

*Halloumi churrasco skewers £13.50*

*Flame-grilled honey-glazed halloumi, beetroot, artichoke, red onion & pepper skewers, with honey peri-peri sauce, salad & cassava fries.*

*Cuban sandwich £11.50*

*Roasted pork belly, pulled pork, Emmental cheese & ham with sweet mustard & green pickle relish layered in our buttery toasted bun. With slaw & a choice of fries or salad.*

**Burgers:**

*Buenos Aires burger £12.95*

*Our 100% prime short rib & chuck beef patty, char-grilled & topped with aioli, crisp baby gem lettuce, smoky pork chorizo, caramelised onion, Emmental cheese & fresh herb chimichurri in a toasted brioche bun with slaw & a choice of fries or salad.*

*Black bean & beetroot burger £9.95*

*Black bean & beetroot burger smothered with melted Emmental in a toasted brioche bun smothered in a creamy tomato & gherkin sauce. With beef tomato & baby gem, with creamy slaw & a choice of fries or salad.*

*Classic burger*

*Toasted brioche bun smothered in a creamy tomato & gherkin sauce. With beef tomato & baby gem, with slaw & a choice of fries or salad.*

*Choose:*

*100% Prime short rib & chuck beef patty & caramelised onions £11.95*

*Char-grilled chicken breast & caramelised onions £11.95*

*Make it dirty*

*Jalapeños, chimichurri, guacamole or emmental cheese*

each £1

*Brie, shredded chipotle beef, smoked chipotle chicken, chilli con carne, Havana Club & jerk BBQ pork or smoky pork chorizo, each £1.50*

**Mexican classics:**

*Fajitas*

*Freshly-cooked to order in our special mix of spices, onions & peppers. Dished up sizzling, with guacamole, grated cheese, soured cream, jalapeños, roasted tomato salsa & soft wheat tortillas.*

*Choose:*

*Chicken breast strips £16.95*

*Marinated steak strips £17.95*

*Shelled prawns £17.50*

*Portobello mushroom £13.95*

*Chilli con carne £12.50*

*A rich chunky beef & black bean chilli, with spring onion rice & jalapeño buttermilk cornbread. Choose a spiced butter to melt into your chilli:*

*Mild - Cocoa & ancho chilli*

*Medium - Smoky chipotle butter*

*Hot - Habanero & pequin chilli*

*Veggie chilli £9.50*

*Sweet potato, butternut squash & chickpeas braised with spiced tomatoes, served with spring onion rice, soft wheat tortillas, soured cream & pink pickled onion.*

*Enchilada*

*Hand-rolled tortilla with smoky chipotle sauce, on a bed of spring onion rice with refried beans & topped with cheese.*

*Choose:*

*Roast butternut squash, red peppers, spinach & cheese  
£9.95*

*Spicy chicken, pepper, onion & cheese £12.50*

### *Burritos*

*Wheat tortilla stuffed with chipotle rice, refried beans, crunchy slaw & cheese with salad, soured cream, guacamole & roasted tomato salsa on the side. Ask your server if you'd like to chimichanga your burrito. Choose:  
Sweet potato, butternut squash & chickpea chilli £10.50*

*Smoked chipotle chicken £11.95*

*Shredded beef braised in chipotle £11.95*

*Steak & queso taco £10.50*

*Melted cheese-covered soft corn & flour tortillas filled with marinated strips of steak & topped with a fresh herb chimichurri, pink pickled onions & smoked ancho chilli salt with a choice of fries or salad.*

### **Sides:**

*Patatas bravas in bits £3.95*

*Spicy spuds on sticks. With smoky chipotle sauce & creamy aioli.*

*Sweet potato fries £3.95*

*With creamy aioli.*

*Fries £3.75*

*Curly or Straight-cut fries with creamy aioli.*

*Cassava fries £3.75*

*(Manioc root) with roasted tomato salsa.*

*Tortillas £1.25*

*Four warmed soft wheat tortillas.*

*Sweet plantain £2.25*

*Mixed salad £3.75*

*Creamy slaw £2.50*  
*Lime & coriander slaw.*

*Refried beans £2*  
*With soured cream & cheese.*

*Spring onion or chipotle rice £2*

*Dips*

*Each £75p*

*Any three £1.50*

*Roasted tomato salsa, spicy cranberry, garlic chipotle sauce, guacamole, aioli, soured cream, herb chimichurri, molho à campanha, chipotle butter, cocoa & ancho chilli butter, habanero & pequin chilli butter or pico de gallo.*

**Brazil & beyond:**

*Xinxim £14.95*

*The classic recipe from North Brazil, freshly-cooked by our chefs here. Chicken & crayfish in our creamy lime & peanut sauce with spring onion rice, fine green beans, coconut farofa & sweet plantain.*

*Moqueca de peixe £14.95*

*Peeled prawns, white fish & peppers cooked in our homemade creamy coconut, fresh tomato & lime sauce with spring onion rice, sweet plantain, pico de gallo & a coconut farofa to sprinkle.*

*Sea bass a lo macho £14.95*



*Fillet of sea bass with mussels, crayfish & prawns in a white wine, spinach, paprika & cream sauce with spring onion rice.*

*Bahian coconut chicken £13.95*

*Chicken breast strips pan-fried in cumin, coriander & cayenne & cooked in a creamy coconut sauce with ginger, garlic, tomatoes & coriander. Served with spring onion rice & shredded greens.*

*Moqueca de palmitos £12.95*

*Butternut squash, palm hearts & spinach in a creamy coconut curry with charred red peppers, garlic & fresh tomatoes. With spring onion rice, sweet plantain, pico de gallo & a coconut farofa to sprinkle.*

**Salads:**

*Fiesta ensalada £8.95*

*Roasted butternut squash, mixed leaves, carrot, cucumber, pink pickled onions, oven-dried tomatoes & fresh avocado, tossed in a poppy seed dressing. Topped with toasted pumpkin seeds, charred corn & roquito peppers.*

*Add crayfish, grilled chicken or pan-fried halloumi £2*

*Beetroot, avocado & cranberry ensalada £8.50*

*Avocado, dried cranberries, baby spinach & coriander, tossed in a poppy seed dressing with a spiced beetroot salsa & sprinkled with candied spiced almonds.*

*Add crayfish, grilled chicken or pan-fried halloumi £2*

*Quinoa ensalada £7.95*

*Quinoa, black beans, sweet potato & charred corn with molho à campanha salsa served on top of crushed avocado with a cranberry & chilli salsa & roquito pepper*

*drops. Topped with purple Peruvian potato crisps & sprinkled with fresh coriander.*

**Puddings:**

*Aztec chocolate fudge cake £5.50*

*Warm spiced chocolate orange sponge cake. With vanilla ice cream.*

*Dulce de leche macadamia cheesecake £5.50*

*Creamy cheesecake with roasted macadamia nuts & dulce de leche caramel sauce.*

*Churros*

*Cinnamon-sugar dusted churros with dips for dunking.*

*Choose:*

*Three churros & a choice of chocolate ganache or dulce de leche £4.95*

*Six churros to dunk into both chocolate ganache & dulce de leche £7.95*

*Brazilian flip flop £5*

*Rich dulce de leche topped with chocolate brigadeiro & crushed peanut brittle served with salted dulce de leche caramel ice cream.*

*Creamy caramel cake £5*

*Layers of soaked sponge & caramelised cream, drizzled with dulce de leche. Topped with more caramelised cream & blueberries.*

*Maracuya mess £5*

*Layers of passion fruit mousse, berry compote & crushed meringue.*

*Mango sorbet £4.95*

*Three scoops of our handmade alphonso mango sorbet.*

*Salted caramel ice cream £4.95*

*Three scoops of our salted dulce de leche caramel ice cream.*

*Tembleque £4.50*

*A creamy, set coconut pudding with mixed berries & mango purée.*