## Café Rouge Sample Menu

## **Bread & nibbles**

- Bread & nibbles
- Rouge olives £3.5 Green, black and French olives with cornichons, caper berries and roquito chilli drops
- ullet Plateau de pain £3.5 Chargrilled sourdough bread, wedge of rye & caraway bread and French baguette with d'isigny butter
  - Fougasse à l'ail £5.25 Artisan garlic sharing bread with warm garlic butter
  - Saucisson bon-bons £3.5 Pork charcuterie balls from France, with a hint of roquefort
  - Tarte flambée £3.5 Savoury flatbread with cream cheese, sliced onion and bacon
  - Why not try our taster pot of warm snails in garlic butter £2.5

## Lunch plates (available until 5pm)

· All served with frites or house salad

## Croques

- Classic grilled gruyère cheese sandwich, choose from
  - Monsieur £9.25
     Smoked ham
  - Madame £10.25 Smoked ham and a fried free-range egg
  - Saumon £10.75 Smoked salmon with horseradish crème fraîche
    - Champignon £9.25
       Chestnut mushrooms

## **Baguettes**

- Baked in-house, choose from
- Fromage £9.75 Camembert with baby gem, plum tomatoes and apple & pear chutney

- Avocado & free-range egg £9.95 Smashed avocado with baby gem, free-range egg, coriander and a drizzle of mayonnaise
  - $\bullet$  Steak £11.75 Sliced charolais rump steak with red onion, watercress and dijon mayonnaise
    - Poulet £10.75 Chargrilled chicken breast, baby gem and dijon mayonnaise
      - Quiche £7.95 Egg, spinach and red pepper in pastry
  - Omelette £9.25 Three free-range eggs with either gruyère, ham, smoked salmon or mushroom
    - Merguez £10.75 Spiced artisan sausages from France with aïoli
      - Poulet escalope £9.95 Chicken breast escalope with citrus crumb

## **Sharing boards**

- Charcuterie et fromage £13.75
- Camembert baked with chutney and rosemary, smooth chicken liver pâté, French charcuterie selection, saucisson bon-bons, Rouge olives, French baguette, water biscuits and apple & pear chutney
  - Tarte flambée £9.25 Savoury flatbread with cream cheese, sliced onion and bacon (for 3 – 4)

# Soups & starters

- Soupe à l'oignon £6.25 French onion soup made to our own recipe with gruyère and croutons
- $\bullet$  Soupe au pistou £6.25 Seasonal vegetable soup with pesto on the side and rye & caraway bread
  - Croquettes de légumes £6.25 Petitspois, broad bean & herb croquettes with crème fraîche aïoli
- Salmon rillettes £6.75 Smoked & cured salmon rillettes with pickled fennel and chargrilled sourdough bread
  - Champignons à l'ail £5.75 Chestnut mushrooms in cèpe & garlic sauce on chargrilled sourdough bread
- Soufflé £6.25 Twice-baked brie soufflé topped with melted butter and toasted hazelnuts, with apple & pear chutney, frisée and a chive & French vinaigrette dressing
  - Pâté £6.25 Smooth chicken liver pâté with apple & pear chutney and chargrilled sourdough bread
    - Crevettes £7.5 King prawns in garlic & smoked chilli butter with baguette

• Escargots £6.75 Oven-baked potted snails with roquefort butter, smoked lardons and lemon paprika crumble

> • Camembert £6.5 Warm breaded camembert with cranberry & redcurrant sauce

## Steak frites

- All of our steaks come from the premium charolais breed, British beef, fed on a natural diet of
  grass and grain by our trusted farmers for fantastic flavour, taste and texture.
  - Served with garlic butter and frites or house salad.
    - 5oz 'Minute' rump £12.95
      - 70z Fillet £21.5
      - 8oz Sirloin £18.5
      - 12oz Rib-eye £19.75

### Sauces £2.0 each

- Bordelaise gravy with bone marrow
  - Beef dripping Merlot gravy
    - Snails & garlic butter
      - Peppercorn
      - Béarnaise
      - Roquefort

# **Sharing steak**

- 24oz côte de boeuf (for two) £19.25(per person)
- Charolais côte de boeuf, dry-aged for a minimum of 35 days. Presented on a sharing platter with 2 sides and 2 sauces of your choice.

#### **Main courses**

 $\bullet$  Tarte £11.95 Warm beetroot and goats' cheese in shortcrust pastry with house salad

 $\bullet$  Risotto vert £11.95 Courgettes, petits pois, fresh basil, tomatoes and mint with lemon-dressed pea shoots

- Boeuf bourguignon £15.25
- Slow-cooked beef in red wine, smoked bacon and mushrooms with roasted carrots, herb mash and crispy onions
  - Bouillabaisse £14.75

Sea bream, mussels and king prawns in a tomato & saffron broth with rouille and gruyère

Poulet breton £14.25

Roast chicken suprême with mushrooms, courgettes, leeks and herb & wine sauce with mash

• Confit de canard £15.25

Slow-cooked Brittany duck leg with homemade dauphinoise potatoes, French beans and cherry or orange sauce

Moules £12.95

Fresh mussels steamed to order in cream, garlic & white wine with frites

• Cromesquis £12.25

Baked salmon & smoked haddock fishcake with tartare sauce and frites or house salad

• Saumon £13.95

Skin on salmon fillet with buttered spinach, croutons, lemon and beurre noisette

• Demi poulet £12.95

Half roast chicken marinated in garlic & herbs, served with frites

Poisson frites £13.25

Breaded hake fillet with frites and tar tare sauce

• Rouge burger £12.25

6oz Prime beef burger in a grilled brioche bun with frites or house salad

- Add chargrilled bacon £1
  - Add camembert £1
- Add chestnut mushrooms £1
- Add a fried free-range egg £1

#### Salads

- All of our salads are freshly made to order and dressings are served on the side
  - Poulet £12.75

Warm chargrilled chicken breast, bacon lardons, avocado, baby gem, tomatoes and free-range egg with French vinaigrette

Niçoise £12.75

'Hot smoked' salmon, French beans, baby gem, red onion, tomatoes, niçoise olives and freerange egg with French vinaigrette

• Caesar £11.25

Avocado, French beans, baby gem, radish, anchovy fillets and croutons with caesar dressing Add chargrilled chicken breast £2.5

- Bistro £11.25
- Baby gem, tomatoes, green lentils, chicory, watercress, radish, roquito chilli drops and garden peas with smoky beetroot dressing
  - Add goats' cheese £1.5
  - Add chargrilled chicken breast £2.5
    - Add 'hot smoked' salmon £3

# Sides £3.0 each

- Frites
- Mash
- New potatoes
- Dauphinoise potatoes
  - French beans
    - Spinach
    - Green salad
- Tomato and red onion salad
  - House salad
- Baguette with d'isigny butter £2.25

#### **Desserts**

- Eton mess £5.75
- Fresh raspberries & strawberries with vanilla ice cream, strawberry sorbet, crushed meringue and strawberry coulis
  - Rum baba £6.25 Light sponge cake soaked in a rum sauce with crème fraîche
  - Crème brûlée £5.95 Caramelised vanilla crème with strawberry & black pepper sorbet
    - Tarte au citron £5.75 Lemon tart and crème fraîche
  - Fondant aux chocolats £6.5 Hot chocolate fondant with a melting middle served with chocolate & raspberry fondant ice
    - Tarte aux pommes £6.25 Warm apple tart with tarte tatin ice cream
    - $\bullet$  Parfait £6.5 Frozen salted caramel cream with malted pecan crumb and fresh raspberries

 $\bullet$  Crèmes glacées £4.95 Two scoops of: vanilla, chocolate, strawberry, tarte tatin, salted caramel or chocolate & raspberry fondant ice cream

- Sorbets £4.95 Two scoops of strawberry & black pepper, lemon or chocolate & lime
  - Petites truffes £2.5 Three salted caramel truffles
- $\bullet$  Sélection de fromages £9.25 French farmers' artisan cheese board with baby figs, grapes, celery and water biscuits or baguette