

The Bountiful Cow Sample Menu

Starters

Rillettes of duck £8.20
Served with toast bread

Sephardic pate £7.80
Chicken liver, onion, cherry and aubergine, with toasted bread

Tomato and mozzarella salad (v) £7.50
Garlic fried prawns £7.80
Served with toasted bread

Smoked salmon £8.90
With buttered bread & lemon

Goat toast £7.75
A spread of goat cheese, buttermilk & garlic on toasted bread

Bounty burgers

Classic bounty burger (14oz / 395g large) £14.50
Coarse ground beef with lettuce, tomato, onion, gherkin and garlic mayonnaise on a bun served with chips. No extra charge for one topping of melted cheddar, bacon, blue cheese or egg

Baby bounty burger (9oz / 255g regular) £12.50
With one topping as above

Steaks

Rump 14oz/400g £21
Served with chips

Ribeye 11oz/310g £24.50
Served with chips

Sirloin 11oz/310g £24
Served with chips

T bone 14oz/400g £28
Served with chips

Fillet 10oz/280g £29
With sautéed field mushrooms in butter on toasted bread

Steak tartare £17
Chopped raw fillet, egg, onion and anchovy with toasted bread

Surf 'n' turf for two £52
Sirloin and rump steak, prawns, onion rings and chips

All our steaks are cooked to order and served with your choice of: peppercorn, béarnaise, chimichurri sauce or a la capricorn (with melted goat's cheese on top)

The rest

Grilled corn fed chicken £14.50
With creamy mashed potatoes

Rump of lamb £18.50
With sautéed potatoes

Prime rib beef hash £18.50
With fried egg

Chargrilled sea bass fillets £16.50
On crushed fennel seeds with creamy mashed potatoes

Steak sandwich £13.50
With onion, tomatoes, garlic mayonnaise, salad and chips

Club sandwich £11
Three-decker chicken, pancetta, cheddar cheese, lettuce, tomato, garlic mayonnaise, white toast and chips

Welsh wizard rarebit £9.50
Guinness, worcester sauce, cheddar melted on toasted ciabatta with salad

Linguine £13.50
With artichoke hearts, peas and cardamom

Napoli sausages £13.50
With creamy mashed potatoes

Chicken caesar salad £13.50
Hand - chopped romaine tossed in house caesar dressing with croutons and shaved parmesan

Greek salad £11.50
Tomatoes, red onion, olives, cucumber, feta cheese, oregano

Bruschetta £11.50
With guacamole and artichoke hearts

Cheese & charcuterie board £15.50
Pork meats with mustard, gherkins and toasted bread

Extras / sides

Sautéed potatoes £4.50

Creamed spinach £4.50

Chips £4.50

Onion rings £4.50

Mashed potatoes £4.50

Field mushrooms £5.50

Green salad £4.50

Tomato & onion salad £4.50

Mixed olives £3.80

Mixed breads £3.50

Extra steak sauce £2.50

Peppercorn, béarnaise, chimichurri, la capricorn

Burger toppings £2.50

Cheddar cheese, bacon, blue cheese or egg

Afterwards

Cheese board £10.50

Crème brûlée £6.50

Belgian apple tart £7.50

Posh ice cream £6.50

(Please enquire about the flavours)