

# The Plough & Harrow Sample Menu

## Nibbles

*Oregano & sun-dried tomato focaccia, olive oil & balsamic (V) £2.75*

*Pulled pork, chipotle & tabasco croquettes, chipotle mayo  
£3.50*

*Marinated olives(GF)(V) £2.75*

## Small plates

*Deep fried calamari, fresh chilli, garlic mayo £6.50*

*Grilled king prawns (3), chilli & garlic butter, lemon & parsley(GF) £8.50*

*Josper roast king scallops, garlic & tarragon butter, lemon zest & parsley (GF) £9.5*

*Chinese crispy pork salad, noodles, sesame & soy (V)  
£5.95 / £9.95*

*Oregano & sun-dried tomato focaccia, spiced hummus, carrot & cucumber crudities £5.50*

*Grilled halloumi, cucumber, mint & red onion salsa  
(V)£6.25*

*Deep fried camembert, croutes & cranberry sauce(v)  
£5.95*

*Devilled whitebait, lemon mayonnaise £5.25*

**Steaks - grills - burgers**

*Flat iron steak £13.5  
Beautiful flavour, recommended medium rare to medium  
227g*

*Ribeye steak £19.5  
Grass fed & aged on the bone for 28 days 227g*

*Black angus sirloin £24.5/ £30/ £36  
Grain fed, intense flavour & marbling 227/284/340g*

*Wagyu rib eye, £39.50/ £45  
Arguably the world's best beef! 284/340g*

*Cote de porc (284g) £12.50  
Succulent 10oz bone in pork ribeye, garlic and parsley  
dressing*

*Chicken, chorizo & roast pepper kebab £11.50  
Garlic and herb yoghurt*

*Beauforts burger £12  
Iceburg, tomato, chipotle mayo & pickle*

*Buttermilk fried chicken burger £12  
Cajun spices, lettuce, tomato & red onion, creme fraiche*

**Sides & sauces**

*French fries, hand cut chips, onion rings in beer batter,  
grilled field mushroom with blue cheese, seasonal veg,  
rocket & parmesan with pine nuts, tomato & mozzarella*

*with basil £2.95 each*

*Sauces – blue cheese, peppercorn, mushroom or chilli & garlic butter £1.50*

**Main courses**

*Large beer battered cod & chips (GF) £14.5  
Garden peas, tartar sauce (GF)*

*Seared salmon £12.95  
Teriyaki dressing, oriental vegetables*

*Frito misto £13.95  
Platter of calamari, whitebait, prawn & salt cod, parsley & lemon*

*Grilled king prawns (5) (GF) £15.95  
Chilli & garlic butter, lemon & parsley, french fries*

*Chargrilled tuna (GF) £13.50  
Salsa verde, asian salad*

*Truffled mushroom & hazelnut linguine £11.95  
White wine and garlic(V)*

**Pieminster pies**

*Beef & craft ale or chicken, cured ham & leek £13.50*

*Sweet potato, goats cheese & spinach (v) £13.50*

**Stonebaked pizza**

*Pepperoni or ham & mushroom £12*

*Margherita or red onion & roasted pepper(v) £12*

**Salads**

*Chicken & bacon caesar salad, romaine, croutons,  
anchovy, parmesan £12*

*Moroccan spiced cous cous, roasted vegetables, sun dried  
tomato, smoked paprika, olive oil dressing (V)(GF) £9.50*