

The Bull Islington Sample Menu

Lemon & thyme infused olives £3 (ve)

Bread board - warm sourdough boule with butter £3.75 (v)

Starters & sharers

Lemon & thyme infused olives £3 (ve)

*Chicken wings in yakiniku BBQ glaze and Asian-style
slaw £5*

*Roasted cauliflower, aubergine and butternut squash
with golden raisins and pomegranate, served on toasted
ancient grain bread £5.25 (ve)*

*Marmalade-roasted beets with lentils and pickled
walnuts drizzled with sunflower seed & herb dressing £5
(ve, n)*

*To share - Rosemary & garlic baked camembert baked in
sourdough with celery £12 (v)*

*To share - Vegetable patch - chargrilled asparagus,
rosemary & lemon breaded courgettes, olives, sun dried
tomatoes, curried beans, garlic-studded melting
camembert, spicy cauliflower fritters, houmous and
crudités £20 (a, v)*

*Poached egg with chargrilled asparagus and hollandaise
sauce on toasted sourdough £5.25 (v)*

Salads & light mains

Avocado & papaya salad, served with red pepper and onion, drizzled with citrus dressing £9.25 (ve)

Marmalade-roasted beets with feta, lentils and pickled walnuts drizzled with sunflower seed & herb dressing £8.75 (v, n)

Roasted cauliflower, aubergine and butternut squash with golden raisins and pomegranate, served on toasted ancient grain bread £5.25 (ve)

Chicken wings in yakiniku BBQ glaze and Asian-style slaw £8.50

Main courses

Fish & chips - line-caught cod, ale-battered, served with triple-cooked chips, mushy peas & tartare sauce £11.25 (a)

Handmade British beef burger in a brioche bun with bacon and melted cheese, served with a gherkin and fries £10.95

Chicken, leek & mushroom pot pie served with creamy mash and roasted vegetables £11

Sausage & mash - Cherry Orchard Farm horseshoe sausage, spring onion mash, crispy onions & a red wine jus £11.50

Handmade chicken kiev, creamy mash and cavolo nero £10

Goat's cheese & beetroot tart with ribbons of carrots, courgettes and celeriac, served with a citrus dressing

£9.25 (v)

Red pepper & quinoa burger in an ancient grain bun with marmalade-roasted beets, lentils and pickled walnuts drizzled with a sunflower seed & herb dressing £9.75 (ve)

Roasted cauliflower, aubergine and butternut squash with golden raisins and pomegranate, served on toasted ancient grain bread £5.25 (ve)

Breaded chicken katsu burger in a brioche bun, served with fries £11.25

Sides

Coleslaw £2.50

Onion rings £2.50 (a)

Watercress & shaved hard cheese salad £3.25

Triple-cooked chips £3

Desserts

British cheese board including Cornish blue, Wensleydale with cranberry, Sandham's crumbly Lancashire and St. Helen's Farm goat's cheese, served with celery, savoury biscuits and red onion chutney £7 (v)

Sticky toffee pudding and vanilla ice cream £5.25 (v, n)

To share - An almond choux pastry ring filled with chocolate cream, served with hot chocolate sauce and hazelnut ice cream £11.50 (n)

Three scoops of ice cream (hazelnut, chocolate or vanilla)
£3.50 (v, n)

Warm chocolate brownie served with hazelnut ice cream
£5.25 (v, n)

(a) contains alcohol, (v) vegetarian, (ve) vegan, (n)
contains nuts