

Docklands Bar & Grill Sample Menu

Starters

Feta and olives (v) £3.50

*Cheesy potatoes, cheddar cheese, bacon, sour cream
£4.50*

Soup of the day £4.50

Crispy chicken drumsticks, celery, chive sour cream £7

*Nachos, sour cream, guacamole, pickled jalapeños,
tomato salsa, cheddar cheese £7*

Sun-blush tomato hummus, grilled pitta vegan £5.50

*Rare grilled beef and spring onions, cracked black
peppers, extra virgin olive oil £8/£16*

Garlic and chilli prawns, courgette spaghetti £7.50

*Antipasti platter, salami, ham, chorizo, bocconcini and
sun-blush tomatoes, caper berries, grilled bread £12*

*Salmon confit, edamame and summer vegetable salad,
horseradish sauce £7.50/£15*

Grill

7oz Filet of beef, mushroom, tomato £29.50

8oz Sirloin steak, mushroom, tomato £28

*Lamb skewers (souvlaki), grilled flat bread, tzatziki sauce
£16*

Pork chops, chips, grilled pineapple salsa £14

Baby back ribs, chips and BBQ sauce £17

Herb coated corn fed breast of chicken, seasonal vegetables £14

Salmon, seasonal vegetables £14

Sauces: creamy green peppercorn, tarragon cream, béarnaise, chipotle butter £1.50 each

Main courses

Traditional fish and chips, peas, tartar sauce £14

Penne pasta, sun-blush tomatoes, asparagus, spinach, kalamata olives, pesto £11

Greek salad with grilled lemon and thyme chicken, gem lettuce, feta, kalamata olives, tomato, cucumber and house dressing £11.50

Burgers

Beef, bacon, cheddar, brioche, chips £12.50

Cajun chicken burger, chips £12

The vegetarian: roasted peppers and falafel burger, hummus, chips (v)£11

Pulled pork, BBQ sauce, chips £12.50

Sandwiches

All sandwiches come with a small salad £7 each

Ham and cheese, brown bloomer, lettuce, tomato

Smoked salmon, cream cheese (supplement £1)

Egg mayo, cress

BLT - bacon, lettuce, tomato

Grilled chorizo, mustard, pickles (supplement £2)

*Chicken club, breast of chicken, bacon, tomato, egg
mayonnaise (supplement £3)*

Fast and fresh

Available daily from 11am-10pm

Soup of the day £4.50

Quinoa and prawns salad with vegetable ribbons £8.50

Grilled salmon, stir-fried summer vegetables £14

*Grilled chicken tostada, guacamole, gem salad, pineapple
salsa £13*

Salads

Caesar salad - £8: add chicken £3, prawns £3, salmon £5

*Quinoa salad, salmon, rocket, courgette, carrot ribbons,
broccoli, sunflower seeds, lemon vinaigrette £13*

Sides

Tomato, onions and caper salad £3

Chips £3

Mixed green salad, tomato, cucumber, house dressing £3

Summer vegetables £3

Desserts

Summer berries pavlova, fruit coulis £6.50

Peanut butter brownie, caramel ice cream £6.50

Mango and passion fruit cheese cake, mango sorbet £6

Assortment of sorbets £6

*Double chip chocolate cookie sundae, hot chocolate sauce
£6.50*

Assorted ice cream £6