

Argentine Chargrilled Steaks

We aim to serve you the finest Argentine steak, cut to order & cooked exactly the way you want it. All our steaks are served with a choice of steakhouse fries, mashed potato or mixed green salad.

8oz (220gm) 9oz (250gm) 11oz (310gm)

	Cuadril Heart of Rump	£13.50	£15.75	£18.95
	Chorizo Sirloin	£16.75	£19.95	£23.50
	Ancho Rib-Eye	£17.25	£20.50	£23.95
	Lomo Fillet / Tenderloin	£24.95	£28.95	£35.50

Medallions of Lomo **£19.95**
6oz (170gm) fillet steak with cherry tomatoes

Should you wish a larger steak than 310gram we price each additional 50 grams (2oz) as follows

Rump **£ 3.50** / Sirloin **£ 3.75** / Rib-Eye **£ 3.95** / Fillet **£ 5.25**

**Sauces all £ 1.95 each - Peppercorn / Mushroom
Blue Cheese / Malbec / Chimichurri**

Main Courses & Chargrilled Specials

Chargrilled Spatchcock Half Chicken	£13.50
Corn fed chicken with lemon & herb marinade & fries provençal	
Lamb Chops with Rosemary Grilled Potatoes	£13.95
Argentine Spiral-Cut Rib-Eye	£28.50
14oz (400 gram) with provençal sauce & grilled potatoes	
Churrasco de Lomo	£36.50
12oz (340 gram) of Argentine fillet steak marinated for up to 48 hours in a churrasco sauce with steakhouse fries	
Tagliatelle al Funghi (v)	£11.50
With creamed field & portobello mushrooms with parsley	
Chicken Milanese	£13.50
Breaded chicken breast milanese with creamy mashed potato	
Roasted Belly of Pork	£14.25
Slowly roasted for 5 hours in a home-made BBQ sauce, served with sweet potato fries	
Steak Milanese Napolitana	£15.50
Invented in Buenos Aires the breaded beef is topped with a tomato & herb sauce & melted mozzarella cheese	
Pan-Fried Fillet of Stonebass	£15.50
Served simply with a pesto dressing & your choice of potatoes	
King Prawn Tagliatelle	£16.25
With cherry tomatoes, lemon, garlic & herbs	

Sharing Options (min 2 persons or more)

The Buenos Aires 'Steak' Sampler

The samplers are served with a choice of steakhouse fries, mashed potato or mixed green salad

85 grams per person of each of our four steak cuts **£24.50**
Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet) per person

100 grams per person of each of our four steak cuts **£28.50**
Cuadril (Rump), Chorizo (Sirloin), Ancho (Rib-Eye) & Lomo (Fillet) per person

Buenasado Argentina 'Grill on the Board' **£24.95**
per person

Chorizo sausage, chicken skewers, morcilla, provoleta Argentina, vegetable skewers, marinated lamb chops, 6oz Rump steak & 6oz Sirloin steak.

The Asado listed is for two persons and will be increased for 3 or more persons.

If you have any comments or suggestions please tell the manager or visit us at www.barestaurant.com - www.buenasado.com

A discretionary service charge of 10% is added to your bill. All prices include VAT at the current applicable rate.

Starters

Marinated Olives (v)	£3.45
In aromatic herbs with lemon, orange & garlic	
Rustic Bread Selection (for two)	£4.25
Freshly baked & served with chimichurri butter	
Empanadas	£6.75
Argentina's traditional filled savoury made to our recipe	
We serve two per portion from the following:	
Beef; Ham & Cheese; Creamy Spinach (v); Creamed Corn 'Humita' (v)	
Chorizo Sausage Criollo	£4.95
Grilled sausage served with salsa criolla & salad leaves	
Chorizo al Malbec	£6.50
Spanish red chorizo cooked in Malbec wine with caramelised onions & crostini toast	
Morcilla	£4.95
Black pudding served with salsa criolla & salad leaves	
Provoleta Argentina (v)	£5.95
Typical Argentine starter of melted provolone cheese served with tomato & oregano	
Patatas Bravas (v)	£4.25
Crispy potatoes with a spicy tomato & garlic sauce	
Aubergine Escalope with Goat's Cheese (v)	£5.95
With slow cooked tomato & melted goat's cheese	
Calamari Fritti	£7.25
Crispy squid served with lemon & garlic mayonnaise	
Gambas	£8.50
King prawns pan fried with white wine, lemon & garlic	

Burgers

All our burgers are made with prime aged beef to our Argentine recipe, grilled medium or medium-well & served with steakhouse fries or a mixed green salad

Primavera	£9.95
Red onions, tomato & mayonnaise	
Mozzarella Cheese	£10.75
Melted mozzarella cheese, red onions, tomato & mayonnaise	
Buenos Aires Burger	£12.75
Crispy bacon, fried egg, mozzarella cheese & red onions	

Salads

Steakhouse mixed leaf salad (v)	£4.50
Mixed green & red leaves, tomatoes, cucumber & red onions	
Blue Cheese, Red Onion & Tomato Salad (v)	£5.50
Roasted Pepper & Goat's Cheese Salad (v)	£8.95
Red & green roasted peppers, mixed leaves, sun dried tomatoes, goat's cheese & portobello mushrooms served with crostini	
Buenos Aires Chicken 'The Pampas Salad'	£10.50
Chicken breast, avocado, tomatoes, crispy bacon, mixed leaves & parmesan shavings	
Tenderstem Broccoli, Courgette & Cannellini Bean Salad (vg)	£9.95
With pea shoots, omega seeds & dairy free pesto dressing	
Argentine Steak Salad 'The Gaucho'	£12.95
Medium-rare sliced Argentine steak, crisp salad leaves, tomatoes & mushrooms	

Side Orders

£2.25	£3.95
2 Fried Eggs	Sweet Potato Fries
£3.50	Creamed Spinach
Steakhouse Fries	Green Beans
Chunky Chips	Tenderstem Chilli Broccoli
Creamy Mashed Potato	£4.25
Grilled Potatoes	Sautéed Portobello Mushrooms
with chimichurri butter	with garlic
Grilled Tomatoes	Marinated Red Peppers
with herbs	Creamed Corn 'Humita'

Please inform the duty manager in the event that you have any special dietary requirements or if you are sensitive or allergic to any of our ingredients. Allergen information is available in the restaurant.