

DAY MENU

BREAKFAST

LOCH & QUAY FULL ENGLISH - £7

Free range egg, bacon rasher, roasted flat mushroom, roasted tomato, hash brown, sausage, baked beans & toast

VEGGIE BREKKIE (V) - £7

Free range egg, grilled halloumi cheese, roasted flat mushroom, roasted tomato, hash brown, baked beans & toast

VEGAN BREAKFAST (VG) - £7

Toasted sourdough with hummus topped with smashed avocado, rocket, chopped tomato & roasted onion seeds

EGGS ROYALE - £8

Two free range poached eggs on toasted sourdough with Wye Valley smoked salmon & hollandaise sauce

EGGS BENEDICT - £8

Two free range poached eggs on toasted sourdough, bacon rasher & hollandaise sauce

EGGS AVOCADO (V) - £8

Two free range poached eggs on avocado, battered sourdough bread with chopped tomato salsa

SANDWICHES & TOASTIES

Served with a side of hand cooked crisps

CHEESE & TOMATO - £6

Melted mature cheddar & sliced tomato toasted granary sandwich

TUNA MELT - £7

Melted mature cheddar & tuna toasted granary sandwich

BACON & BRIE - £7

Crispy bacon rasher, melted brie toasted granary sandwich

FISH FINGER SANDWICH - £8

Handmade beer battered fish finger goujons, ice gem lettuce & creamy tartar sauce served on granary bread

CLUB SANDWICH - £8

Grilled chicken, crispy bacon rasher, lettuce, cheddar slices, mayonnaise & sliced tomato served on toasted granary

CHEDDAR & PICKLE SANDWICH - £8

Sliced mature cheddar cheese, lettuce, Branstee pickle & sliced farm tomato served on granary bread

LUNCH

THE GRILL

HANDMADE BEEF BURGER - £10

Handmade beef patty, iceberg lettuce, sliced tomato & burger relish served on a broche bun with fries

LOCH & QUAY CHICKEN BURGER - £10

Crispy bread coated chicken breast, iceberg lettuce, sliced tomato & burger relish served on a broche bun with fries

STEAK FRITES - £12

Grilled 6oz Rump steak, skin on skinny fries, rocket & parmesan salad with home made Bearnaise mayo

SEAFOOD

SEA BASS FILLET - £12

Pan cooked Sea Bass, lemon caper butter, new potatoes & a medley of seasonal vegetables

MOULES MARINIÈRE - £12

Mussels served in a creamy white wine & garlic sauce

FISH & CHIPS - MEDIUM £9, LARGE £14

Beer battered haddock served with chunky chips, mushy peas & creamy tartar sauce

PIE & MASH

PULLED BEEF BRISKET & HORSERADISH PIE - £12

Served with a creamy mash, seasonal vegetables & homemade gravy

CHICKEN & MUSHROOM PIE - £12

Served with a creamy mash, seasonal vegetables & homemade gravy

CURRIED SWEET POTATO, BUTTERNUT SQUASH & SPINACH PIE (VG) - £12

Served with mash potato, seasonal vegetables & gravy

LOCH & QUAY CLASSICS

SLOW COOKED LAMB SHANK - £17

With rich red wine, mint & redcurrant sauce, creamy mashed potato & seasonal vegetables

CALVES LIVER - £17

Pan fried calves liver, creamy mashed potato, roasted cherry vine tomatoes, pancetta & crispy sage

FILLET STEAK - £25

7oz tender cut of beef, chunky chips, roasted tomato, roasted flat mushroom & onion rings (add peppercorn sauce £2)

SOUP OF THE DAY

Freshly made soup using local produce served with locally baked bread - £6



PASTA

SEAFOOD PENNE - £17

Seafood in a spiced arrabiata pasta sauce & shaved parmesan

WILD MUSHROOM PENNE (V) - £12

Wild forest mushrooms in a creamy garlic sauce, spinach & shaved parmesan

PENNE PESTO - £10

Pesto, sunblushed tomatoes & shaved parmesan

SIDES

Garlic Bread - £3

Chunky Chips - £3

Skinny Fries - £3

Locally baked bread - £2

Coleslaw - £2

Onion Rings - £2

Mixed Salad - £4

Add chicken - £5

PLEASE ALERT YOUR SERVER TO ANY SPECIAL DIETARY REQUIREMENTS

EVENING MENU

SET SAIL



DORSET SPRITZ

Strawberry black cow vodka, with sparkling pomegranate & elderflower

£8

APPETISERS



SEASONAL SOUP - £6

With locally baked artisan bread

PRAWN COCKTAIL - £7

Medley of king & Atlantic cold-water prawns, Marie rose sauce, avocado & sun blush tomato

CRISPY CALAMARI - £7

Salt & peppered squid chunks with sweet chilli

LOCH & QUAY FISHCAKE - £8

Hand made Scottish smoked salmon & Dorset black cow cheddar fishcake served with a paprika mayo

HUMMUS AND OLIVES (V) - £7

Creamy hummus, pitta bread & mixed olives

FOREST MUSHROOM (V) - £8

With a spinach & wild mushroom sauce, garlic & cream, crumbled Dorset blue Vinny stilton cheese on locally baked artisan sourdough bread

SHARING BOARDS

MEZZE - £20

Spiced meat borek, feta & parsley borek, hummus, olives, feta cheese, falafels, tzatziki & pitta (can be a vegetarian dish, just ask)

SEAFOOD - £22

Smoked salmon & cheddar fish cake, salt & pepper squid, tempura prawns, shellfish cocktail, smoked salmon & sweet chilli mayo

TAPAS - £22

Calamari, marinated olives, selection of spanish cured meats, chorizo & potato hash, manchego cheese, garlic king prawns & saffron aioli

GARDEN



RED VEGAN CURRY (VG) (GF) - £14

Seasonal vegetables in a coconut, chilli & ginger broth with basmati rice

TOFU STIR FRY (VG) (GF) - £14

With pak choi, purple sprouting broccoli, carrot ribbons, glass noodles, chilli soy sauce, cashew nuts & ginger

MED BURGER (V) - £14

Breadcrumbs chickpea patty with med spices & herbs, served in a fresh brioche bun with tzatziki, onion rings, relish & homemade coleslaw

MAINS

THE LAND



SLOW COOKED LAMB SHANK

£17

With rich red wine, mint & redcurrant sauce, creamy mash potatoes & seasonal vegetables

PAN ROASTED CHICKEN

£16

With thyme, madeira & mushroom sauce, gratin dauphinois & parsnip puree

CALVES LIVER

£17

Pan fried calves liver, mash potato, roasted cherry vine tomatoes, pancetta & crispy sage

THE SEA



SEABASS

£17

Pan cooked fillet of bass served with rosemary sautéed potatoes, samphire & a crayfish beurre blanc sauce

FISH AND CHIPS

£14

Ringwood ale battered haddock, homemade tartar sauce, garden pea & mint puree & chunky chips

MOULES MARINIÈRE

£15

Mussels served in a creamy white wine & garlic sauce with local artisan bread

THE GRILL



LOCH & QUAY BEEF BURGER

£14

Handmade burger from locally sourced quality beef served in a fresh brioche bun with fries, relish, onion rings & homemade coleslaw

JERK CHICKEN BURGER

£14

Jerk spice marinated Chalcroft farm chicken breast served in a fresh brioche bun with fries, relish, onion rings & homemade coleslaw

FILLET STEAK

£25

7oz tender cut of Chalcroft Farm beef, chunky chips, roasted thyme tomato, garlic roasted flat mushroom & onion rings (Add Peppercorn Sauce £2)

SIDES

Garlic Bread

£3

Skinny Fries

£3

Chunky Chips

£3

Onion Rings

£3

Sourdough Bread

£2

Mixed Salad

£4

NIGHT CAP

PINK COW - £8.00

Black Cow vodka with aromatic tonic

Please make your server aware of any food allergies you may have before ordering. Some of our food may contain traces of nuts.

LOCH & QUAY

