

Cast Iron Sample Menu

Appetisers

Beef brisket £8
Skillet Yorkshire pudding, horseradish

Severn & Wye smoked salmon £9
Beetroot, watercress, toasted hazelnuts

Caramelised scallops £12
Celeriac, Cumbrian ham

Heritage tomato, whipped Rosary £8
goats cheese, pickled shallots (v)

Seasonal soup £6
Warm bread, butter

Crispy squid & chorizo £7.50
Lemon mayonnaise

Grilled asparagus, crispy egg (v) £8.50

Pea & shallot tortolloni (v) £8.50
Spinach, pea puree, basil oil

For the table

Basket of baked breads £3.50

English butter Tempura Padron peppers £4.50

Coriander, mayonnaise Kalamata olives £3.50

British charcuterie £16

*Cumberland salami, air-dried ham, wild boar Scotch
egg, pickles & mustard*

Burgers & handhelds

Cast Iron burger 14

*Beef patty, crispy bacon, cheddar, smokey chipotle sauce,
fries*

Blackened 'fishburger' £13

Chilli mayonnaise, lettuce, chives, fries

Grilled chicken shawarma £14

Pitta bread, coriander, yoghurt

Steak ciabatta £14

Caramelised onions, rocket, mayonnaise

Harissa chickpea burger (v) £11

Cabbage, hummus, cucumber, sweet potato fries

Low & slow

Baby back pork ribs £15

Slaw, BBQ ketchup Ham hock £16

Potato & grain mustard, dipping breads

Tender beef short rib £16

Creamed potato, buttered greens

Grill

*Served with Cast Iron butter, chips & watercress unless
otherwise specified*

Main courses

*Spatchcock chicken £18
Smoked garlic, thyme*

*Crispy confit duck leg £16.50
Slaw*

*Tandoori lamb cutlets £18.50
Yoghurt, coriander*

*Grilled hake £16
Broad beans, tomato*

Steaks

220g Sirloin £21

250g Rib eye £24

280g Rump steak £19

200g Prime fillet £27

Sauces £2.50

Peppercorn, red wine, blue cheese, béarnaise

Salads

Cast Iron club £13.50
Chicken, smoked bacon, avocado, beef tomato, hearts of lettuce

Breaded chicken escalope £15.50
Rocket, Parmesan, Crème fraîche dressing

Poached salmon £15.50
Roast Heritage carrots, parsley, rocket, radish, lemon & honey dressing

Superfood (v) £10.50
Quinoa, herbs, broccoli, sumac, roast vegetables

Classic Caesar £9.50
Romaine, Parmesan, croutons, anchovies

Add grilled chicken £4

Fish, pasta & classics

Devon white crab linguini £16
Chilli, coriander

Tomato, basil & mozzarella £12
tortelloni, red pepper sauce (v)

Pappardelle pasta (v) £11
Mushrooms, spinach, poached egg

Halloumi Moussaka (v) £12
Warm bread, salad

Fish 'n' chips £14
Atlantic cod, Cast Iron ale batter, crushed peas, fries, tartare sauce

Mangalore chicken £15
Malabar sauce, coriander, naan bread

Sides

Steak chips, thyme, sea salt £4

Cast Iron salad, vinaigrette £4

Tenderstem broccoli, bacon & Parmesan £4

Beef brisket mac 'n' cheese £5

Garlic butter potatoes £4

Creamed mushrooms £4

Sage-batter onion rings £4

Panzanella salad £4

Roast squash, chorizo, Parmesan £4

(v) vegetarian dish