



食在中国，味在四川

China is the place for food, but Sichuan is the place for flavour.

The food of Sichuan province at southwest China is one of the world's great cuisines. Its most famous characteristic is its fiery spiciness, which comes from the liberal use of chillies and lip-tingling Sichuan pepper. But hot and spicy is only part of the story. Sichuanese chefs are legendary for their ability to combine many different tastes into exquisite complex flavours. Some of these are robustly spicy, while others are delicate and teasing. And the use of chillies is so inventive that their taste never palls. In China, they say the variety of flavours used in Sichuanese cuisine is so dazzling that 'each one of a hundred dishes will have its own unique taste'.

At Bar Shu we want to bring you the best of the authentic flavours of Sichuan. So look out, among others, for the seductive 'fish-fragrant' combination of pickled chillies, ginger, garlic and spring onion, the additive fieriness of 'numbing and hot' flavoured dishes, and the refreshing tones of a 'ginger juice' sauce. We hope you enjoy your food.

## 特品 SPECIAL DISH

巴山冒菜	£36.90
Barshu Special Maocai	

## 湯類 SOUP SELECTIONS

酸辣羹	£5.50
Traditional Sour and Hot Soup	

巴山玉米羹	£5.50
Barshu Sweet Corn Soup	



## 凉菜 TRADITIONAL COLD DISHES

巴山五色拼盤 Barshu Platter	£26.90
春卷 Spring Rolls (Mixture of Prawn and Pork)	£12.90
四川口水雞 Mouthwatering Sichuan Chicken	£12.90
糖醋排骨 Sweet and Sour Spare Ribs	£8.90
蒜泥白肉卷 Thin-Sliced Pork Rolls in Spicy Garlicky Sauce	£9.50
巴山拍黃瓜 Barshu Smacked Cucumbers	£8.50
香菜拌木耳 Cloud Ear Fungus with Coriander	£8.50
鸡丝荞面 Buckwheat Noodles with Chicken Slivers	£8.90
鱼香虾 (三只) Fish-Fragrant Prawns (3 Pieces)	£12.90



## 魚類 FISH SELECTIONS

水煮鮭魚 Boiled Sea Bass with Sizzling Chilli Oil	£36.90
鮮椒魚片 Sliced Sea Bass with Fresh Chillies and Sichuan Peppercorn	£34.90
酸菜魚 Sliced Sea Bass in a Soup of Pickled Mustard Greens	£36.90
蕃茄魚片 Sliced Sea Bass with Fresh Tomato	£34.90
菊花魚 Sweet and Sour Crispy Sea Bass	£34.90
重慶萬州烤魚 Sea Bass with Sizzling Spice	£38.90

## 海鮮類 SEAFOOD SELECTIONS

香辣龍蝦 Barshu Fragrant and Hot Lobster	£45.90
薑蔥焗龍蝦 Stir-Fried Lobster with Ginger and Spring Onion	£45.90
巴山香辣蝦 Barshu Fragrant and Hot Shell-on Prawns	£26.90
宮保蝦球 Gong Bao Prawns with Cashew Nuts	£24.90



香辣椒盐虾 Stir-Fried Prawns with Sichuan Chillies (in shell)	£24.90
海皇豆腐 Savoury Seafood and Beancurd	£26.90
鱼香豆腐虾球 Fried Prawns and Beancurd in Fish Fragrant Sauce	£24.90
蒜茸粉丝蒸带子 Steamed Scallops with Garlic and Bean Thread Noodles	£7.90 per Scallop, minimum 2 order
剁椒粉丝蒸带子 Steamed Scallops with Chillies and Bean Thread Noodles	£7.90 per Scallop, minimum 2 Order

### *巴山干锅 DRY-WOK SELECTIONS*

干锅虾球 Dry-Wok Prawns	£26.90
干锅藕片 Dry-Wok Lotus Root Slices	£20.90
干锅回锅肉 Dry-Wok Twice-Cooked Pork	£17.90
干锅肥肠 Dry-Wok Pig's Intestines	£17.90
干锅土豆片 Dry-Wok Slice Potato with Pork	£16.90
干锅花菜 Dry-Wok Cauliflowers with Pork	£16.90



## 豬肉類 PORK SELECTIONS

家鄉回鍋肉 Twice-Cooked Pork	£15.90
水煮肉片 Water-Boiled Pork Slices	£16.90
肉香肉絲 Fish Fragrant Pork Slivers	£15.90
糖醋里脊 Sweet and Sour Pork	£15.90
油豆腐紅燒肉 Red-Braised Pork with Beancurd Puffs	£16.90

## 牛/羊肉類 BEEF AND LAMB SELECTIONS

水煮牛肉 "Water-Boiled" Beef Slices	£18.90
罐燒香牛腩 Stewed Beef Brisket with Beancurd Sheet	£18.90
生炒羊肉 Stir-Fried Lamb with Hot Peppers	£18.90



## 禽類 POULTRY SELECTIONS

重慶辣子雞 Fragrant Chicken in a Pile of Chillies	£26.90
宮保雞丁 Gong Bao Chicken with Peanuts	£16.90
左宗堂雞 General Tso's Chicken	£16.90
瀏陽豆豉雞 Stir-Fried Chicken with Black Beans and Garlic	£16.90
芽菜鸡米包 Minced Chicken with Preserved Mustard Green (Served with Lettuce Wraps)	£16.90

## 蔬菜類 VEGETABLE SELECTIONS

清炒小白菜 Plain Stir-Fried Pak Choy	£14.90
農家花菜 Cauliflower with Sliced Pork and Fresh Chillies	£14.90
魚香茄子 Fish Fragrant Aubergines	£14.90
麻婆豆腐 Pock-Marked Old Woman's Beancurd with Minced Pork	£14.90



手撕包菜 Hand-Torn Cabbage with Vinegar and Chillies	£14.90
剁椒包菜粉丝 Stir-Fried Cabbage Slivers with Bean Thread Noodles in Salted Chilli Sauce	£14.90
干煸四季 Dry-Fried Green Beans with Minced Pork	£14.90
干煸蘆筍 Dry-Fried Asparagus with Minced Pork	£16.90
尖椒土豆丝 Stir-Fried Potato Slivers	£14.90
酸辣土豆丝 Stir-Fried Potato Slivers with Vinegar and Chillies	£14.90
韭菜煎蛋 (切碎米) Scrambled Eggs with Chinese Chives	£15.90
西红柿炒蛋 Scrambled Eggs with Tomato	£14.90
田园豆角 Farm Beans with Pork and Black Bean Sauce	£15.90



### **Grain Selections 主食類**

四川擔擔麵 The Legendary Dan Dan Noodles with Minced Pork	£6.50
巴山水餃 Barshu Boiled Crescent Pork Dumplings in Chilli Oil Sauce	£6.50
農家醬油炒飯 “Farmhouse” Fried Rice	£4.50 per person
白米飯 Plain Steamed Rice	£2.90 per person