

breakfast

9 - 11AM	
Pastries	£2.00
Croissants Pain aux chocolate Pain aux raisin	
Greek yoghurt and berries, Tregothnan Estate honey (v)	£6.00
Porridge oats <i>with choice of milk</i> with banana (v)	£5.50 £6.00
Sourdough or toast with eggs your way (v)	£6.00
Smashed avocado, sourdough, chilli flakes & lime (v) <i>optional poached egg</i>	£6.00 £6.95
The Cove home smoked Scottish salmon with scrambled eggs (v)	£9.50
Full Cornish breakfast Philip Warrens pork sausage, smoked streaky bacon, egg, hogs pudding, tomato and field mushroom, baked beans	£9.00
Vegetarian breakfast vegetarian sausage, egg, tomato, field mushrooms baked beans (v)	£8.50

light lunch

12 - 2.30PM	
LIGHT BITES AND STARTERS	
Croque monsieur croissant, smoked ham and a creamy cheese sauce	£7.95
Salad of Iceberg lettuce & mange tout Cornish blue cheese dressing (v)	£8.50
Crab fishcakes Thai red pepper sauce	£9.95
The Cove Smoked Salmon sourdough bread, Cornish butter	£11.95
MAINS	£14.50
The Cove Beef Burger - <i>served with fries</i> Philip Warrens quarter pounder, red onion, tomato, lettuce, mayonnaise, potato bun	
<i>Extra toppings</i> egg cheese smoked bacon guacamole	£1.50
Veggie burger - <i>served with fries</i> Portobello mushroom, goats cheese, chargrilled red peppers, potato bun (v)	£10.95
Caesar salad char-grilled chicken, poached egg, croutons, anchovies, smoked bacon	£12.50
Veggie Caesar salad (v)	£10.50
Fish and Chips Cornish white fish, Sharp's Atlantic Ale beer batter, minted peas, tartare sauce	£15.00
Fish of the day Dish of the day see specials board or ask the team	

starters

Mushroom risotto (v)	£7.95
<i>make it a main course</i>	£13.00
English asparagus soldiers (v) Hollandaise sauce	£8.50
Chicken liver parfait quince purée, hazelnuts, toasted sour dough	£8.95
Crab cakes Thai red pepper sauce	£9.95
Sea bream ceviche avocado & citrus vinaigrette, coriander oil	£10.50
The Cove smoked salmon sourdough bread, Cornish butter	£11.95
Char-grilled Falmouth Bay Scallops seaweed butter, herb breadcrumb	£14.00

mains

Linguini of cockles and clams cherry tomatoes, chilli, coriander, basil	£14.00
Pan roasted curried monkfish mussels, saffron, grain mustard and tarragon sauce	£18.50
Honey roasted Cornish Duck caramelized onion purée, wild garlic	£19.50
From the grill served with Portobello mushroom and a choice of; fries minted new potatoes char baked potato purée	
Whole Falmouth lemon sole rosemary brown butter, shrimp, parsley and capers	POA
Chicken breast	£16.00
Philip Warren Butchers	
Flat iron 7oz	£14.00
Pork chop 10oz	£18.00
Sirloin steak 8oz	£20.00
Ribeye steak 10oz	£22.50
Fillet steak 6oz	£25.00
Sauces	
Béarnaise mushroom green peppercorn	£3.00

sides

Fresh Da Bara Bakery bread selection	£2.00
Skinny fries	£4.00
Char baked potato purée	£4.00
Minted new potatoes	£4.50
Mac & Cheese	£4.50
Tender sprouting broccoli, hazelnut butter	£4.50
Green beans and snow beans	£4.50
Salad Iceberg lettuce & mange tout with Cornish blue cheese dressing	£4.75

Signature FROM 7PM

MICHAEL'S TASTING MENU <i>Menu to be taken by all guests at table</i>	
Gallotine of quail raisin vinaigrette, hazelnut mayonnaise	
Mushroom risotto	
Shellfish chowder smoked eel, cockles, clams and mussels white wine & oyster sauce	
Fillet of Philip Warrens beef char-grilled horseradish and shallot confit, celeriac purée, mushrooms, red wine sauce	
Selection of cheeses	
Passion fruit mousse coconut sorbet	
	£80 per person
Matching wine flight	£49 per person

desserts

Passion fruit mousse coconut sorbet (v)	£8.00
Banana parfait chocolate, liquid salted caramel, banana & lime sorbet (v)	£8.00
Chocolate orange confit mousse orange sorbet (v)	£8.00
Hot pistachio soufflé pistachio ice cream (v)	£8.00
Poached rhubarb with hibiscus and vanilla lemon sponge, lemon curd, rhubarb sorbet, vanilla foam (v)	£8.00
Selection of South West Cheeses	£10.00

afternoon teas

3:30PM – 5PM (Available from 30th March)	
Afternoon tea Fruit and plain scone with strawberry jam and Rodda's clotted cream	£9.50
Full afternoon tea Selection of sandwiches, egg mayonnaise and red onion, ham with mustard mayonnaise, chicken with tarragon & grain mustard mayonnaise, smoked salmon with cucumber	£20.00
A selection of pastries	
Fruit and plain scone with strawberry jam and Rodda's clotted cream	

For allergen information please enquire with your waiter. A discretionary service charge of 12.5% will be added to the bill.